

# **2016 Minnesota Student Survey District Tables**

*May 2016*

**Minnesota Student Survey Interagency Team:  
Minnesota Department of Education  
Minnesota Department of Human Services  
Minnesota Department of Health  
Minnesota Department of Public Safety**

**For more information contact:**

**Lisa Burton, Special Projects and Evaluation Manager  
Minnesota Department of Education  
Phone: 651-582-8488  
E-mail: [lisa.burton@state.mn.us](mailto:lisa.burton@state.mn.us)**

**Ann Kinney, Senior Research Scientist  
Minnesota Department of Health  
Phone: 651-201-5946  
E-mail: [ann.kinney@state.mn.us](mailto:ann.kinney@state.mn.us)**

## **In Appreciation**

We are indebted to the students, parents, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the first half of 2016. These data are made available as a result of their interest and time, and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Minnesota Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

## **2016 MINNESOTA STUDENT SURVEY**

### **Survey Participation**

The 2016 Minnesota Student Survey (MSS) was administered in the first half of 2016 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels. Districts, schools, parents, and students could all choose to opt out. Most public school districts (over 80%) chose to participate; exact participation rates will be available in September 2016.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating.

### **Mode of Administration**

In 2016, all students in grades 5 and 8 completed the survey online. Schools with grade 9 and/or grade 11 students could choose to administer the survey online or with the traditional paper survey. Methods could not be mixed within a single school. The survey questions online were the same as those in the paper survey booklets.

### **Items on the Tables**

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A table of contents is provided on pages v-vi. The grade 5 survey version was shorter than the grade 8 survey version, which in turn was shorter than the grade 9/11 version. The grade 5 and grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

## **New Questions and Year-to-Year Comparisons**

Some of the 2016 survey instrument questions were changed from the 2013 survey instrument. While most questions stayed the same, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

## **Validity of Responses**

Caution was taken to identify invalid responses and remove them from the analysis. Surveys were eliminated when responses were highly inconsistent or there was a pattern of likely exaggeration. The exact percentage of surveys removed will be available in September 2016.

**2016 MINNESOTA STUDENT SURVEY  
TABLE OF CONTENTS**

<b>Table</b>	<b>Subject Area</b>	<b>Page</b>
<b>DEMOGRAPHICS</b>		
Table 1	Demographic description	1
Table 2	Sexual orientation; Gender identity; Gender expression	2
<b>SCHOOL</b>		
Table 3	School plans; IEPs; Changing schools; Academic performance	3
Table 4	Feelings about school	4
Table 5	Feelings about school; Skipping school	5
Table 6	Time away from class	6
Table 7	Interactions with a school resource/police officer	7
Table 8	Perceptions of safety; After school supervision	8
Table 9	After-school supervision among 5 <sup>th</sup> grade students	9-10
Table 10a-b	Being bullied for specific reasons	11-12
Table 11	Being bullied or harassed at school; Being cyberbullied	13
Table 12	Bullying or harassing other students at school	14
<b>ACTIVITIES</b>		
Table 13a-b	Enrichment activities	15-16
Table 14	Quality of youth activities	17
<b>FAMILY AND RELATIONSHIPS</b>		
Table 15	Family composition and situations	18
Table 16	Parental communication	19
Table 17	Perceptions of family and others caring	20
<b>RISK FACTORS</b>		
Table 18	Family substance abuse; Physical and sexual violence	21
Table 19	Relationship violence	22
<b>HEALTH AND SAFETY</b>		
Table 20	General health and health conditions	23
Table 21	Health care access	24
Table 22	Physical activity; Sleep; Use of indoor tanning device	25
Table 23	Eating meals	26
Table 24a-b	Nutrition	27-28
Table 25	Vehicle safety	29
<b>MENTAL HEALTH</b>		
Table 26a-c	Self description	30-32
Table 27a-b	Emotional well-being and distress	33-34
Table 28	Self-inflicted injury; Suicidal thoughts and suicidal behavior	35
<b>BEHAVIOR</b>		
Table 29	Problematic and antisocial behavior	36
Table 30a-c	Gambling behavior	37-39

**Continued on the next page**

**2016 MINNESOTA STUDENT SURVEY**  
**TABLE OF CONTENTS, continued**

<b>Table</b>	<b>Subject Area</b>	<b>Page</b>
<b>SUBSTANCE USE</b>		
Table 31	Summary of substance use	40
Table 32	Substance use among 5 <sup>th</sup> grade students	41
Table 33	Tobacco use	42
Table 34	Exposure to secondhand smoke	43
Table 35	Alcohol use frequency and quantity	44
Table 36	Age of first use of alcohol and marijuana	45
Table 37	Use of marijuana and prescription drugs	46
Table 38	Prescription drug use	47
Table 39	Hallucinogen, ecstasy, cocaine and heroin use	48
Table 40	Methamphetamine, over-the-counter drug, synthetic drug and inhalant use	49
Table 41	Perceived risk of harm from substance use	50
Table 42	Perceptions of others' disapproval of substance use	51
Table 43	Perceptions about alcohol use	52
Table 44	Use of tobacco, alcohol and marijuana	53
Table 45	Perceptions of others' use of tobacco, alcohol and marijuana	54
Table 46a-b	Consequences of substance use	55-56
<b>SEXUAL HEALTH AND PROTECTIVE FACTORS</b>		
Table 47a-b	Sexual behavior	57-58

2016 Minnesota Student Survey

**TABLE 1  
DEMOGRAPHIC DESCRIPTION**

**EAST CENTRAL**

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
<b>Total number of surveys</b>		44	100%	50	100%	42	100%	27	100%
<b>What is your biological sex?*</b>	<b>Male</b>	25	57%	20	40%	19	45%	11	41%
	<b>Female</b>	19	43%	30	60%	23	55%	16	59%
	<b>No answer</b>	0	0%	0	0%	0	0%	0	0%
<b>How old are you?</b>	<b>10</b>	22	50%	0	0%	0	0%	0	0%
	<b>11</b>	21	48%	0	0%	0	0%	0	0%
	<b>12</b>	1	2%	0	0%	0	0%	0	0%
	<b>13</b>	0	0%	26	52%	0	0%	0	0%
	<b>14</b>	0	0%	23	46%	20	48%	0	0%
	<b>15</b>	0	0%	1	2%	22	52%	0	0%
	<b>16</b>	0	0%	0	0%	0	0%	14	52%
	<b>17</b>	0	0%	0	0%	0	0%	12	44%
	<b>18</b>	0	0%	0	0%	0	0%	1	4%
	<b>19-20</b>	0	0%	0	0%	0	0%	0	0%
	<b>No answer</b>	0	0%	0	0%	0	0%	0	0%
<b>Are you a member of any of the following ethnic or cultural groups? Hispanic or Latino/a</b>	<b>Yes</b>	0	0%	4	8%	2	5%	1	4%
	<b>No</b>	36	82%	41	82%	33	79%	26	96%
	<b>Not answered</b>	8	18%	5	10%	7	17%	0	0%
<b>Are you a member of any of the following ethnic or cultural groups? Somali</b>	<b>Yes</b>	0	0%	0	0%	0	0%	0	0%
	<b>No</b>	36	82%	44	88%	34	81%	27	100%
	<b>Not answered</b>	8	18%	6	12%	8	19%	0	0%
<b>Are you a member of any of the following ethnic or cultural groups? Hmong</b>	<b>Yes</b>	1	2%	0	0%	0	0%	0	0%
	<b>No</b>	35	80%	45	90%	34	81%	27	100%
	<b>Not answered</b>	8	18%	5	10%	8	19%	0	0%
<b>In addition, what is your race? (If more than one describes you, mark ALL that apply)</b>	<b>American Indian only</b>	2	5%	1	2%	1	2%	0	0%
	<b>Asian only</b>	0	0%	0	0%	0	0%	0	0%
	<b>Black, African or African American only</b>	0	0%	2	4%	0	0%	1	4%
	<b>Native Hawaiian or Pacific Islander only</b>	1	2%	0	0%	0	0%	0	0%
	<b>White only</b>	34	77%	36	72%	36	86%	24	89%
	<b>Multiple Races (checked more than one)</b>	4	9%	10	20%	4	10%	2	7%
	<b>No answer</b>	3	7%	1	2%	1	2%	0	0%

\* 5th and 8th grade surveys asked "Are you male or female?"

## 2016 Minnesota Student Survey

### TABLE 2 SEXUAL ORIENTATION; GENDER IDENTITY; GENDER EXPRESSION\*

#### ***EAST CENTRAL***

		Grade	
		9th	11th
		%	%
<b>Which of the following best describes you?</b>	<b>Heterosexual (straight)</b>	93%	89%
	<b>Bisexual</b>	5%	4%
	<b>Gay or lesbian</b>	0%	0%
	<b>Not sure (questioning)</b>	2%	7%
<b>Do you consider yourself transgender, genderqueer, genderfluid, or unsure about your gender identity?^</b>	<b>Yes</b>	2%	0%
	<b>No</b>	98%	100%
<b>A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?^</b>	<b>very or mostly feminine</b>	23%	41%
	<b>Somewhat feminine</b>	20%	11%
	<b>Equally feminine and masculine</b>	15%	15%
	<b>Somewhat masculine</b>	10%	15%
	<b>Very or mostly masculine</b>	33%	19%

\* 5th and 8th grade surveys did not ask these questions.

^ New questions in 2016.



2016 Minnesota Student Survey

**TABLE 3  
SCHOOL PLANS; IEP; CHANGING SCHOOLS; ACADEMIC  
PERFORMANCE**

**EAST CENTRAL**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>What is the MAIN thing you plan to do RIGHT AFTER high school?*</b>	<b>I don't plan to graduate from high school</b>		0%	2%	0%
	<b>Get my GED</b>		4%	2%	0%
	<b>Go to a two-year community or technical college</b>		10%	12%	19%
	<b>Go to a four-year college or university</b>		53%	48%	56%
	<b>Get a license or certificate in a career field</b>		4%	5%	4%
	<b>Attend an apprenticeship program</b>		0%	2%	0%
	<b>Join the military</b>		14%	12%	7%
	<b>Work at a job</b>		6%	12%	7%
	<b>Other</b>		8%	5%	7%
<b>Do you have an IEP or get special education services?</b>	<b>Yes</b>	13%	19%	14%	11%
	<b>No</b>	87%	81%	86%	89%
<b>Since the beginning of this school year, how many times have you changed schools?</b>	<b>0 times</b>	77%	84%	98%	100%
	<b>1 time</b>	16%	12%	0%	0%
	<b>2 times</b>	2%	4%	2%	0%
	<b>3 or more times</b>	5%	0%	0%	0%
<b>How would you describe your grades this school year?</b>	<b>Mostly As</b>	48%	22%	38%	30%
	<b>Mostly Bs</b>	41%	34%	36%	48%
	<b>Mostly Cs</b>	9%	26%	14%	22%
	<b>Mostly Ds</b>	2%	14%	5%	0%
	<b>Mostly Fs</b>	0%	4%	5%	0%
	<b>Mostly Incompletes</b>	0%	0%	2%	0%
	<b>None of these letter grades</b>	0%	0%	0%	0%

\* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 4  
FEELINGS ABOUT SCHOOL**

**EAST CENTRAL**

		Grade				
		5th	8th	9th	11th	
		%	%	%	%	
How often do you care about doing well in school?	All of the time	65%	50%	50%	48%	
	Most of the time	28%	36%	43%	44%	
	Some of the time	7%	12%	7%	7%	
	None of the time	0%	2%	0%	0%	
How often do you pay attention in class?	All of the time	20%	18%	12%	19%	
	Most of the time	64%	58%	81%	74%	
	Some of the time	16%	24%	7%	7%	
	None of the time	0%	0%	0%	0%	
How often do you go to class unprepared?	All of the time	0%	4%	5%	4%	
	Most of the time	9%	2%	7%	7%	
	Some of the time	44%	60%	50%	56%	
	None of the time	47%	34%	38%	33%	
How much do you agree or disagree with each of the following statements?	If something interests me, I try to learn more about it.	Strongly agree	40%	48%	48%	59%
		Agree	56%	44%	50%	37%
		Disagree	5%	6%	2%	4%
		Strongly disagree	0%	2%	0%	0%
	I think things I learn in school are useful.	Strongly agree	50%	14%	5%	11%
		Agree	41%	54%	90%	44%
		Disagree	7%	24%	5%	41%
		Strongly disagree	2%	8%	0%	4%
	Being a student is one of the most important parts of who I am.	Strongly agree	28%	14%	17%	7%
		Agree	49%	40%	60%	56%
		Disagree	23%	30%	24%	26%
		Strongly disagree	0%	16%	0%	11%

2016 Minnesota Student Survey

**TABLE 5  
FEELINGS ABOUT SCHOOL; SKIPPING SCHOOL**

**EAST CENTRAL**

			Grade			
			5th %	8th %	9th %	11th %
How much do you agree or disagree with each of the following statements?	Overall, adults at my school treat students fairly.	Strongly agree	40%	10%	21%	22%
		Agree	42%	62%	60%	48%
		Disagree	19%	20%	17%	30%
		Strongly disagree	0%	8%	2%	0%
	Adults at my school listen to the students.	Strongly agree	29%	10%	7%	22%
		Agree	67%	54%	71%	44%
		Disagree	5%	28%	19%	30%
		Strongly disagree	0%	8%	2%	4%
	The school rules are fair.	Strongly agree	39%	16%	14%	19%
		Agree	55%	58%	67%	37%
		Disagree	5%	18%	19%	41%
		Strongly disagree	2%	8%	0%	4%
	At my school, teachers care about students.	Strongly agree	53%	20%	26%	22%
		Agree	42%	58%	62%	63%
		Disagree	2%	16%	12%	15%
		Strongly disagree	2%	6%	0%	0%
	Most teachers at my school are interested in me as a person.	Strongly agree	33%	10%	12%	19%
		Agree	43%	54%	62%	41%
		Disagree	20%	26%	24%	41%
		Strongly disagree	5%	10%	2%	0%
During the last 30 days, how many times have you skipped school or cut classes, but NOT a full day of school, without being excused? *	None		80%	88%	85%	
	Once or twice		16%	12%	7%	
	3 to 5 times		2%	0%	7%	
	6 to 9 times		0%	0%	0%	
	10 or more times		2%	0%	0%	
During the last 30 days, how many times have you skipped school or cut a FULL day of school or classes without being excused? *	None		86%	86%	85%	
	Once or twice		6%	14%	11%	
	3 to 5 times		6%	0%	4%	
	6 to 9 times		2%	0%	0%	
	10 or more times		0%	0%	0%	

\* 5th grade survey did not ask this question.

## 2016 Minnesota Student Survey

### TABLE 6 TIME AWAY FROM CLASS

#### **EAST CENTRAL**

<i>During the last 30 days, how many times have you...</i>		Grade			
		5th %	8th %	9th %	11th %
<b>...gone to the nurses office?</b>	<b>None</b>	37%	66%	79%	81%
	<b>Once or twice</b>	35%	24%	17%	15%
	<b>3 to 5 times</b>	26%	6%	2%	4%
	<b>6 to 9 times</b>	2%	2%	0%	0%
	<b>10 or more times</b>	0%	2%	2%	0%
<b>...stayed home because you were sick?</b>	<b>None</b>	32%	54%	64%	67%
	<b>Once or twice</b>	45%	32%	29%	33%
	<b>3 to 5 times</b>	20%	12%	7%	0%
	<b>6 to 9 times</b>	2%	0%	0%	0%
	<b>10 or more times</b>	0%	2%	0%	0%
<b>...been sent to the office for discipline?</b>	<b>None</b>	83%	74%	93%	100%
	<b>Once or twice</b>	15%	18%	5%	0%
	<b>3 to 5 times</b>	3%	4%	2%	0%
	<b>6 to 9 times</b>	0%	0%	0%	0%
	<b>10 or more times</b>	0%	4%	0%	0%
<b>...had in-school suspension (ISS)?</b>	<b>None</b>	95%	92%	93%	100%
	<b>Once or twice</b>	5%	2%	7%	0%
	<b>3 to 5 times</b>	0%	2%	0%	0%
	<b>6 to 9 times</b>	0%	2%	0%	0%
	<b>10 or more times</b>	0%	2%	0%	0%
<b>...been suspended from school (out-of-school suspension/ OSS)?</b>	<b>None</b>	100%	100%	100%	100%
	<b>Once or twice</b>	0%	0%	0%	0%
	<b>3 to 5 times</b>	0%	0%	0%	0%
	<b>10 or more times</b>	0%	0%	0%	0%

**2016 Minnesota Student Survey**

**TABLE 7  
INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER\*^**

**EAST CENTRAL**

		Grade		
		8th	9th	11th
		%	%	%
<b>Is there a police officer or School Resource Officer (SRO) at your school?</b>	<b>Yes</b>	100%	95%	100%
	<b>No</b>	0%	0%	0%
	<b>I don't know</b>	0%	5%	0%

**EAST CENTRAL**

<b>INCLUDES ONLY THOSE WHO HAVE A SCHOOL RESOURCE OR POLICE OFFICER (SRO) AT THEIR SCHOOL</b>		Grade		
		8th	9th	11th
		%	%	%
<b>If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer</b>	<b>Strongly agree</b>	48%	28%	30%
	<b>Agree</b>	30%	63%	37%
	<b>Disagree</b>	16%	8%	30%
	<b>Strongly disagree</b>	6%	3%	4%
<b>I would feel comfortable going to my school's police officer/SRO if I was having problems or needed help</b>	<b>Strongly agree</b>	14%	15%	26%
	<b>Agree</b>	42%	63%	37%
	<b>Disagree</b>	34%	20%	33%
	<b>Strongly disagree</b>	10%	3%	4%
<b>I think it is a good idea to have an SRO or police officer at our school</b>	<b>Strongly agree</b>	54%	53%	56%
	<b>Agree</b>	36%	48%	41%
	<b>Disagree</b>	6%	0%	4%
	<b>Strongly disagree</b>	4%	0%	0%

\* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2016.

**2016 Minnesota Student Survey**

**TABLE 8  
PERCEPTIONS OF SAFETY**

**EAST CENTRAL**

			Grade			
			5th %	8th %	9th %	11th %
<b>How much do you agree or disagree with each of the following statements?</b>	<b>I feel safe going to and from school.</b>	<b>Strongly agree</b>	53%	38%	48%	30%
		<b>Agree</b>	37%	54%	48%	67%
		<b>Disagree</b>	7%	8%	5%	0%
		<b>Strongly disagree</b>	2%	0%	0%	4%
	<b>I feel safe at school.</b>	<b>Strongly agree</b>	47%	28%	38%	26%
		<b>Agree</b>	47%	62%	60%	70%
		<b>Disagree</b>	7%	10%	2%	0%
		<b>Strongly disagree</b>	0%	0%	0%	4%
	<b>I feel safe in my neighborhood.</b>	<b>Strongly agree</b>	47%	42%	40%	33%
		<b>Agree</b>	33%	44%	57%	48%
		<b>Disagree</b>	19%	14%	2%	15%
		<b>Strongly disagree</b>	2%	0%	0%	4%
	<b>I feel safe at home.</b>	<b>Strongly agree</b>	70%	62%	62%	52%
		<b>Agree</b>	25%	28%	38%	48%
		<b>Disagree</b>	2%	6%	0%	0%
		<b>Strongly disagree</b>	2%	4%	0%	0%

2016 Minnesota Student Survey

TABLE 9A  
AFTER SCHOOL SUPERVISION

EAST CENTRAL

		Grade			
		5th	8th	9th	11th
<i>During a typical week, how often do you go to the following places after school?</i>		%	%	%	%
<b>I stay at my school or go to another school</b>	<b>0 days</b>	65%	56%	38%	59%
	<b>1 day</b>	9%	4%	10%	7%
	<b>2 days</b>	14%	4%	10%	4%
	<b>3 to 4 days</b>	5%	4%	10%	11%
	<b>5 days</b>	7%	32%	33%	19%
<b>My home or another home such as a friend's, relative's or neighbor's</b>	<b>0 days</b>	32%	22%	17%	15%
	<b>1 day</b>	18%	18%	12%	7%
	<b>2 days</b>	20%	10%	10%	7%
	<b>3 to 4 days</b>	14%	8%	10%	19%
	<b>5 days</b>	16%	42%	52%	52%
<b>A rec, community or other youth center</b>	<b>0 days</b>	86%	90%	93%	96%
	<b>1 day</b>	9%	8%	5%	0%
	<b>2 days</b>	0%	2%	0%	4%
	<b>3 to 4 days</b>	2%	0%	0%	0%
	<b>5 days</b>	2%	0%	2%	0%
<b>A park or other outdoor space</b>	<b>0 days</b>	49%	68%	83%	92%
	<b>1 day</b>	23%	18%	7%	4%
	<b>2 days</b>	14%	6%	2%	4%
	<b>3 to 4 days</b>	12%	6%	5%	0%
	<b>5 days</b>	2%	2%	2%	0%
<b>A library</b>	<b>0 days</b>	74%	90%	95%	93%
	<b>1 day</b>	9%	8%	5%	0%
	<b>2 days</b>	12%	2%	0%	0%
	<b>3 to 4 days</b>	0%	0%	0%	0%
	<b>5 days</b>	5%	0%	0%	7%
<b>A church, synagogue, mosque, or other spiritual/religious place</b>	<b>0 days</b>	74%	80%	74%	70%
	<b>1 day</b>	19%	16%	19%	22%
	<b>2 days</b>	5%	4%	7%	4%
	<b>3 to 4 days</b>	0%	0%	0%	4%
	<b>5 days</b>	2%	0%	0%	0%
<b>A job*</b>	<b>0 days</b>			90%	44%
	<b>1 day</b>			5%	4%
	<b>2 days</b>			2%	22%
	<b>3 to 4 days</b>			0%	26%
	<b>5 days</b>			2%	4%

\* 5th and 8th grade surveys did not ask this question.

2016 Minnesota Student Survey

**TABLE 9B  
AFTER SCHOOL SUPERVISION\***

***EAST CENTRAL***

		Grade
		5th
		%
<b>During a typical week, how often are you home alone or somewhere unsupervised after school?</b>	<b>0 days</b>	63%
	<b>1 day</b>	19%
	<b>2 days</b>	12%
	<b>3 days</b>	7%
	<b>4 days</b>	0%
	<b>5 days</b>	0%

\* Only 5th grade survey asked this question.



2016 Minnesota Student Survey

**TABLE 10A  
BEING BULLIED FOR SPECIFIC REASONS**

**EAST CENTRAL**

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade			
		5th %	8th %	9th %	11th %
<b>Your race, ethnicity or national origin</b>	Never	95%	92%	98%	89%
	Once or twice	3%	2%	2%	11%
	About once a week	0%	4%	0%	0%
	Several times a week	0%	0%	0%	0%
	Every day	3%	2%	0%	0%
<b>Your religion</b>	Never	95%	90%	98%	93%
	Once or twice	3%	8%	2%	4%
	About once a week	0%	0%	0%	0%
	Several times a week	3%	2%	0%	4%
	Every day	0%	0%	0%	0%
<b>Your gender (being male, female, transgender, etc.)<sup>^</sup></b>	Never	90%	94%	95%	93%
	Once or twice	10%	2%	5%	4%
	About once a week	0%	2%	0%	4%
	Several times a week	0%	2%	0%	0%
	Every day	0%	0%	0%	0%
<b>Your gender expression (your style, dress, or the way you walk or talk)<sup>^^</sup></b>	Never			83%	85%
	Once or twice			12%	7%
	About once a week			5%	4%
	Several times a week			0%	0%
	Every day			0%	4%

\* 5th and 8th grade surveys did not ask this question.

<sup>^</sup> Change in question wording from 2013 for 9th-11th grade survey to include "transgender, etc." 5th and 8th grade surveys did not include this change.

<sup>^^</sup> New question in 2016.

2016 Minnesota Student Survey

**TABLE 10B  
BEING BULLIED FOR SPECIFIC REASONS**

**EAST CENTRAL**

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade			
		5th %	8th %	9th %	11th %
<b>Because you are gay, lesbian or bisexual, or because someone thought you were*</b>	Never		94%	98%	89%
	Once or twice		4%	0%	11%
	About once a week		2%	2%	0%
	Several times a week		0%	0%	0%
	Every day		0%	0%	0%
<b>A physical or mental disability</b>	Never	90%	96%	98%	96%
	Once or twice	2%	4%	2%	4%
	About once a week	0%	0%	0%	0%
	Several times a week	5%	0%	0%	0%
	Every day	2%	0%	0%	0%
<b>Your size or weight^</b>	Never	68%	84%	88%	89%
	Once or twice	22%	10%	7%	7%
	About once a week	2%	0%	2%	0%
	Several times a week	5%	4%	2%	4%
	Every day	2%	2%	0%	0%
<b>Your physical appearance^</b>	Never	66%	78%	81%	78%
	Once or twice	20%	16%	14%	15%
	About once a week	5%	6%	5%	4%
	Several times a week	7%	0%	0%	4%
	Every day	2%	0%	0%	0%

\* 5th grade survey did not ask this question.

^ Change in question wording from 2013.

2016 Minnesota Student Survey

**TABLE 11  
BEING BULLIED OR HARASSED AT SCHOOL; BEING CYBERBULLIED**

**EAST CENTRAL**

			Grade			
			5th %	8th %	9th %	11th %
During the last 30 days, on how many days have other students at school...	...pushed, shoved slapped, hit or kicked you when they weren't kidding around?	Never	61%	96%	88%	93%
		Once or twice	23%	2%	10%	7%
		About once a week	5%	0%	2%	0%
		Several times a week	9%	2%	0%	0%
		Every day	2%	0%	0%	0%
	...threatened to beat you up?	Never	72%	88%	86%	93%
		Once or twice	26%	6%	14%	4%
		About once a week	0%	4%	0%	0%
		Several times a week	0%	2%	0%	0%
		Every day	2%	0%	0%	4%
	...spread mean rumors or lies about you?	Never	56%	68%	71%	78%
		Once or twice	26%	32%	24%	15%
		About once a week	5%	0%	5%	4%
		Several times a week	9%	0%	0%	4%
		Every day	5%	0%	0%	0%
	...made sexual jokes, comments or gestures towards you?*	Never		80%	93%	74%
		Once or twice		16%	7%	19%
		About once a week		0%	0%	0%
		Several times a week		2%	0%	4%
		Every day		2%	0%	4%
...excluded you from friends, other students or activities?	Never	49%	76%	79%	81%	
	Once or twice	35%	18%	14%	11%	
	About once a week	5%	4%	7%	0%	
	Several times a week	2%	2%	0%	4%	
	Every day	9%	0%	0%	4%	
During the last 30 days, how often have you been bullied through e-mail, chat rooms, instant messaging, websites or texting?	Never	86%	88%	88%	93%	
	Once or twice	9%	8%	10%	4%	
	About once a week	2%	2%	0%	4%	
	Several times a week	0%	0%	2%	0%	
	Every day	2%	2%	0%	0%	

\* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 12  
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL**

**EAST CENTRAL**

			Grade			
			5th %	8th %	9th %	11th %
During the last 30 days, how many times at school have YOU...	...pushed, shoved slapped, hit or kicked someone when you weren't kidding around?	Never	77%	90%	95%	100%
		Once or twice	16%	10%	5%	0%
		About once a week	2%	0%	0%	0%
		Several times a week	2%	0%	0%	0%
		Every day	2%	0%	0%	0%
	...threatened or beat someone up?	Never	84%	88%	93%	93%
		Once or twice	14%	6%	7%	4%
		About once a week	2%	0%	0%	0%
		Several times a week	0%	4%	0%	0%
		Every day	0%	2%	0%	4%
	...spread mean rumors or lies about someone else?	Never	81%	88%	83%	85%
		Once or twice	19%	12%	17%	15%
		About once a week	0%	0%	0%	0%
		Several times a week	0%	0%	0%	0%
		Every day	0%	0%	0%	0%
	...made sexual jokes, comments or gestures towards someone else?*	Never		96%	98%	89%
		Once or twice		0%	2%	7%
		About once a week		2%	0%	0%
		Several times a week		0%	0%	0%
		Every day		2%	0%	4%
...excluded someone from friends, other students or activities?	Never	63%	88%	90%	89%	
	Once or twice	28%	8%	10%	11%	
	About once a week	0%	2%	0%	0%	
	Several times a week	5%	0%	0%	0%	
	Every day	5%	2%	0%	0%	

\* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 13A  
ENRICHMENT ACTIVITIES**

**EAST CENTRAL**

		Grade				
		5th	8th	9th	11th	
		%	%	%	%	
<b>Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?</b>	<b>Yes</b>	46%	58%	69%	48%	
	<b>No</b>	7%	18%	12%	26%	
	<b>I don't know what programs are available in my community</b>	46%	24%	19%	26%	
<b>During a typical week, how often do you participate in the following activities outside of the regular school day?</b>	<b>Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams<sup>^</sup></b>	<b>0 days</b>	67%	48%	29%	46%
		<b>1 day</b>	12%	2%	0%	0%
		<b>2 days</b>	17%	0%	2%	8%
		<b>3 to 4 days</b>	2%	4%	10%	8%
		<b>5 or more days</b>	2%	46%	60%	38%
	<b>School sponsored activities or clubs that are not sports, such as drama, music, chess or science club</b>	<b>0 days</b>	76%	76%	83%	78%
		<b>1 day</b>	12%	4%	10%	11%
		<b>2 days</b>	7%	2%	0%	0%
		<b>3 to 4 days</b>	2%	2%	0%	0%
		<b>5 or more days</b>	2%	16%	7%	11%
	<b>Tutoring, homework help or academic programs</b>	<b>0 days</b>	85%	94%	95%	96%
		<b>1 day</b>	12%	2%	2%	0%
		<b>2 days</b>	0%	4%	0%	0%
		<b>3 to 4 days</b>	2%	0%	0%	0%
		<b>5 or more days</b>	0%	0%	2%	4%

<sup>^</sup> Change in question wording from 2013.

2016 Minnesota Student Survey

**TABLE 13B  
ENRICHMENT ACTIVITIES**

**EAST CENTRAL**

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade			
		5th %	8th %	9th %	11th %
<b>Leadership activities such as student government, youth councils or committees</b>	<b>0 days</b>	83%	96%	88%	81%
	<b>1 day</b>	10%	2%	5%	7%
	<b>2 days</b>	5%	2%	5%	11%
	<b>3 to 4 days</b>	0%	0%	2%	0%
	<b>5 or more days</b>	2%	0%	0%	0%
<b>Artistic lessons, such as music or dance<sup>^</sup></b>	<b>0 days</b>	66%	78%	86%	89%
	<b>1 day</b>	14%	4%	5%	4%
	<b>2 days</b>	7%	4%	5%	4%
	<b>3 to 4 days</b>	5%	0%	0%	0%
	<b>5 or more days</b>	9%	14%	5%	4%
<b>Physical activity lessons, such as tennis or karate<sup>^</sup></b>	<b>0 days</b>	88%	90%	81%	93%
	<b>1 day</b>	2%	0%	2%	4%
	<b>2 days</b>	5%	2%	0%	0%
	<b>3 to 4 days</b>	2%	0%	5%	4%
	<b>5 or more days</b>	2%	8%	12%	0%
<b>Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed</b>	<b>0 days</b>	82%	92%	93%	93%
	<b>1 day</b>	11%	8%	5%	4%
	<b>2 days</b>	2%	0%	2%	4%
	<b>3 to 4 days</b>	0%	0%	0%	0%
	<b>5 or more days</b>	5%	0%	0%	0%
<b>Religious activities such as religious services, education or youth group</b>	<b>0 days</b>	80%	72%	71%	59%
	<b>1 day</b>	14%	16%	24%	26%
	<b>2 days</b>	2%	12%	5%	11%
	<b>3 to 4 days</b>	0%	0%	0%	4%
	<b>5 or more days</b>	5%	0%	0%	0%

<sup>^</sup> Change in question wording from 2013.

2016 Minnesota Student Survey

TABLE 14  
QUALITY OF YOUTH ACTIVITIES<sup>^</sup>

**EAST CENTRAL**

<i>When you spend time doing activities outside of the regular school day, how often do you...</i>		Grade			
		5th %	8th %	9th %	11th %
<b>...feel safe?</b>	<b>Rarely or never</b>	7%	0%	0%	0%
	<b>Sometimes</b>	16%	14%	0%	15%
	<b>Often</b>	48%	39%	48%	37%
	<b>Very often</b>	30%	47%	52%	48%
<b>...learn skills like teamwork or leadership?</b>	<b>Rarely or never</b>	17%	18%	5%	11%
	<b>Sometimes</b>	31%	37%	38%	48%
	<b>Often</b>	24%	20%	26%	33%
	<b>Very often</b>	29%	24%	31%	7%
<b>...develop trusting relationships with peers your age?</b>	<b>Rarely or never</b>	24%	20%	5%	11%
	<b>Sometimes</b>	22%	31%	31%	52%
	<b>Often</b>	39%	33%	38%	26%
	<b>Very often</b>	15%	16%	26%	11%
<b>...develop trusting relationships with adults?</b>	<b>Rarely or never</b>	15%	31%	7%	15%
	<b>Sometimes</b>	37%	29%	40%	41%
	<b>Often</b>	29%	22%	26%	33%
	<b>Very often</b>	20%	18%	26%	11%
<b>...help make decisions?</b>	<b>Rarely or never</b>	22%	16%	10%	15%
	<b>Sometimes</b>	32%	43%	31%	37%
	<b>Often</b>	32%	24%	45%	44%
	<b>Very often</b>	15%	16%	14%	4%
<b>...do something that gives you joy and energy?</b>	<b>Rarely or never</b>	7%	10%	7%	7%
	<b>Sometimes</b>	35%	27%	29%	22%
	<b>Often</b>	23%	29%	26%	48%
	<b>Very often</b>	35%	35%	38%	22%
<b>...learn skills that you can use in a future job?</b>	<b>Rarely or never</b>	23%	24%	21%	19%
	<b>Sometimes</b>	28%	35%	29%	30%
	<b>Often</b>	16%	24%	31%	44%
	<b>Very often</b>	33%	16%	19%	7%

<sup>^</sup> All questions on this table were new in 2016. These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

2016 Minnesota Student Survey

**TABLE 15  
FAMILY COMPOSITION AND SITUATIONS**

**EAST CENTRAL**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>Which adults do you live with?</b>	<b>Both biological parents</b>	39%	42%	64%	70%
	<b>Both adoptive parents</b>	0%	4%	0%	4%
	<b>Mother and stepfather</b>	9%	20%	5%	11%
	<b>Father and stepmother</b>	0%	0%	0%	0%
	<b>Mother and partner</b>	0%	2%	2%	0%
	<b>Father and partner</b>	0%	0%	0%	0%
	<b>Mother only</b>	23%	8%	7%	4%
	<b>Father only</b>	2%	6%	2%	4%
	<b>Sometimes with mother, sometimes with father</b>	20%	12%	12%	4%
	<b>Other (relatives, foster care, etc)</b>	2%	6%	7%	4%
	<b>No adults</b>	5%	0%	0%	0%
<b>During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?*</b>	<b>No</b>		86%	95%	93%
	<b>Yes, with my parents or an adult family member</b>		12%	5%	4%
	<b>Yes, on my own without any adult family members</b>		2%	0%	4%
<b>Have any of your parents or guardians ever been in jail or prison?*</b>	<b>None of my parents or guardians has ever been in jail or prison</b>		62%	73%	74%
	<b>Yes, I have a parent or guardian in jail or prison right now</b>		4%	2%	4%
	<b>Yes, I have had a parent or guardian in jail or prison in the past</b>		36%	24%	26%

\* 5th grade survey did not ask this question.



2016 Minnesota Student Survey

TABLE 16  
PARENTAL COMMUNICATION

**EAST CENTRAL**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>Can you talk to your father about problems you are having?</b>	<b>Yes, most of the time</b>	39%	40%	43%	44%
	<b>Yes, some of the time</b>	25%	26%	40%	22%
	<b>No, not very often</b>	25%	12%	10%	15%
	<b>No, not at all</b>	2%	10%	0%	7%
	<b>My father is not around</b>	9%	12%	7%	11%
<b>Can you talk to your mother about problems you are having?</b>	<b>Yes, most of the time</b>	59%	54%	50%	78%
	<b>Yes, some of the time</b>	23%	30%	38%	15%
	<b>No, not very often</b>	14%	8%	7%	0%
	<b>No, not at all</b>	2%	4%	0%	4%
	<b>My mother is not around</b>	2%	4%	5%	4%

2016 Minnesota Student Survey

**TABLE 17**  
**PERCEPTIONS OF FAMILY AND OTHERS CARING**  
**EAST CENTRAL**

		Grade			
		5th	8th	9th	11th
<i>How much do you feel ...</i>		%	%	%	%
... your parents care about you?	Not at all	2%	2%	0%	0%
	A little	2%	2%	0%	7%
	Some	5%	10%	10%	7%
	Quite a bit	18%	12%	17%	19%
	Very much	73%	74%	74%	67%
... other adult relatives care about you?	Not at all	2%	0%	0%	0%
	A little	5%	6%	5%	11%
	Some	9%	14%	10%	26%
	Quite a bit	26%	20%	33%	11%
	Very much	58%	60%	52%	52%
... friends care about you?	Not at all	2%	0%	0%	0%
	A little	5%	8%	2%	4%
	Some	31%	14%	17%	19%
	Quite a bit	33%	34%	31%	48%
	Very much	29%	44%	50%	30%
... teachers/ other adults at school care about you?	Not at all	5%	8%	2%	11%
	A little	19%	18%	19%	15%
	Some	26%	42%	36%	44%
	Quite a bit	33%	24%	29%	22%
	Very much	19%	8%	14%	7%
... adults in your community care about you?	Not at all	12%	26%	5%	22%
	A little	10%	16%	12%	15%
	Some	27%	32%	31%	30%
	Quite a bit	29%	16%	36%	19%
	Very much	22%	10%	17%	15%

**2016 Minnesota Student Survey**

**TABLE 18  
FAMILY SUBSTANCE ABUSE; PHYSICAL AND SEXUAL  
VIOLENCE\***

***EAST CENTRAL***

		Grade		
		8th	9th	11th
		%	%	%
Do you live with anyone who drinks too much alcohol?	Yes	12%	12%	4%
	No	88%	88%	96%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?	Yes	10%	5%	7%
	No	90%	95%	93%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?	Yes	16%	5%	15%
	No	84%	95%	85%
Has a parent or other adult in your household ever hit, beat, kicked or physically hurt you in any way?	Yes	18%	10%	11%
	No	82%	90%	89%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	8%	10%	7%
	No	92%	90%	93%
Has any adult or other person outside of the family ever touched you sexually against your wishes or forced you to touch them sexually?	Yes	6%	5%	4%
	No	94%	95%	96%
Has any older or stronger member of your family ever touched you or had you touch them sexually?	Yes	2%	2%	4%
	No	98%	98%	96%

\* 5th grade survey did not ask these questions.

**2016 Minnesota Student Survey**

**TABLE 19  
RELATIONSHIP VIOLENCE\***

**EAST CENTRAL**

		Grade		
		8th	9th	11th
		%	%	%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who called you names or put you down verbally?	Yes	2%	10%	7%
	No	98%	90%	93%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who hit, slapped or physically hurt you on purpose?	Yes	6%	0%	7%
	No	94%	100%	93%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who pressured you into having sex when you did not want to?*	Yes		2%	4%
	No		98%	96%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: called him/her names or put him/her down verbally?	Yes	2%	2%	0%
	No	98%	98%	100%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: hit, slapped or physically hurt him/her on purpose?	Yes	4%	2%	4%
	No	96%	98%	96%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: pressured him/her into having sex when he/she did not want to?*	Yes		0%	0%
	No		100%	100%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

**2016 Minnesota Student Survey**

**TABLE 20  
GENERAL HEALTH AND HEALTH CONDITIONS**

**EAST CENTRAL**

		Grade			
		5th %	8th %	9th %	11th %
<b>How would you describe your health in general?<sup>^</sup></b>	<b>Excellent</b>	26%	22%	36%	11%
	<b>Very good</b>	49%	45%	43%	33%
	<b>Good</b>	21%	18%	19%	48%
	<b>Fair</b>	2%	10%	2%	7%
	<b>Poor</b>	2%	4%	0%	0%
<b>Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.</b>	<b>Yes</b>	7%	12%	12%	15%
	<b>No</b>	93%	88%	88%	85%
<b>Has a doctor or nurse ever told you that you have asthma?</b>	<b>Yes</b>	7%	18%	14%	19%
	<b>No</b>	93%	82%	86%	81%
<b>Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?</b>	<b>Yes</b>	2%	6%	0%	4%
	<b>No</b>	98%	94%	10...	96%
<b>Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.*</b>	<b>Yes</b>		22%	5%	11%
	<b>No</b>		78%	95%	89%
<b>Weight status* according to Body Mass Index (BMI)**</b>	<b>Not overweight</b>		73%	64%	68%
	<b>Overweight</b>		15%	23%	24%
	<b>Obese</b>		13%	13%	8%

\* 5th grade survey did not ask this question.

\*\* Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile  
 Overweight: 85th to less than the 95th percentile  
 Obese: Equal to or greater than the 95th percentile

2016 Minnesota Student Survey

**TABLE 21  
HEALTH CARE ACCESS**

**EAST CENTRAL**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?</b>	<b>During the last year</b>	58%	62%	62%	56%
	<b>Between 1 and 2 years ago</b>	16%	26%	29%	33%
	<b>More than 2 years ago</b>	9%	4%	10%	11%
	<b>Never</b>	16%	8%	0%	0%
<b>When was the last time you saw a dentist or dental hygienist for a regular check-up, exam or teeth cleaning or other dental work?</b>	<b>During the last year</b>	65%	68%	76%	81%
	<b>Between 1 and 2 years ago</b>	12%	26%	17%	11%
	<b>More than 2 years ago</b>	16%	6%	7%	4%
	<b>Never</b>	7%	0%	0%	4%
<b>Have you ever been treated for a mental health, emotional or behavioral problem?* (Mark ALL that apply)</b>	<b>No</b>		76%	88%	100%
	<b>Yes, during the last year</b>		10%	5%	0%
	<b>Yes, more than a year ago</b>		18%	10%	0%
<b>Have you ever been treated for an alcohol or drug problem?* (Mark ALL that apply)</b>	<b>No</b>		92%	100%	100%
	<b>Yes, during the last year</b>		8%	0%	0%
	<b>Yes, more than a year ago</b>		4%	0%	0%

\* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 22  
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE**

**EAST CENTRAL**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	29%	10%	2%	15%
	1 day	2%	8%	2%	12%
	2 days	14%	2%	12%	0%
	3 days	10%	10%	12%	15%
	4 days	14%	6%	7%	12%
	5 days	14%	28%	26%	35%
	6 days	0%	18%	14%	4%
	7 days	17%	18%	24%	8%
During a typical school week, on how many days do you go to physical education (PE or gym) classes?	0 days	0%	38%	2%	89%
	1 day	0%	0%	0%	0%
	2 days	5%	2%	22%	0%
	3 days	55%	2%	73%	4%
	4 days	36%	0%	0%	0%
	5 days	5%	58%	2%	7%
During a typical school night, how many hours of sleep do you get?	4 hours or less	9%	2%	7%	4%
	5 hours	5%	12%	2%	11%
	6 hours	5%	22%	14%	19%
	7 hours	11%	18%	26%	48%
	8 hours	20%	22%	45%	11%
	9 hours	27%	14%	5%	7%
	10 or more hours	23%	10%	0%	0%
During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*	0 times		98%	100%	85%
	1 or 2 times		0%	0%	0%
	3 to 9 times		2%	0%	15%
	10 to 19 times		0%	0%	0%
	20 to 39 times		0%	0%	0%
	40 or more times		0%	0%	0%

\* 5th grade survey did not ask this question.

## 2016 Minnesota Student Survey

### TABLE 23 EATING MEALS

#### **EAST CENTRAL**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?	Yes	7%	6%	14%	4%
	No	93%	94%	86%	96%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch	7%	10%	17%	0%
	Regular school lunch from the cafeteria	84%	70%	64%	63%
	The a la carte line (buy individual items)	0%	46%	50%	74%
	School store or vending machine	14%	10%	0%	4%
	Fast food restaurant, gas station or somewhere else outside of school	16%	2%	0%	0%
	I bring lunch from home	36%	32%	36%	33%
Do you currently get free or reduced-price lunch at school?	Yes	40%	50%	37%	19%
	No	60%	50%	63%	81%



2016 Minnesota Student Survey

**TABLE 24A  
NUTRITION**

**EAST CENTRAL**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice?	I did NOT eat or drink this	16%	16%	17%	30%
	1 to 3 times in the last 7 days	49%	48%	50%	48%
	4 to 6 times in the last 7 days	12%	14%	17%	11%
	1 time per day	7%	8%	10%	7%
	2 times per day	2%	4%	5%	0%
	3 times per day	5%	4%	2%	4%
	4 or more times per day	9%	6%	0%	0%
During the last 7 days, how many times did you eat fruit?	I did NOT eat or drink this	12%	2%	5%	11%
	1 to 3 times in the last 7 days	37%	36%	33%	30%
	4 to 6 times in the last 7 days	9%	20%	24%	37%
	1 time per day	9%	16%	19%	7%
	2 times per day	16%	10%	12%	15%
	3 times per day	2%	2%	5%	0%
	4 or more times per day	14%	14%	2%	0%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables (Do not count French fries, fried potatoes or potato chips)?	I did NOT eat or drink this	16%	18%	14%	4%
	1 to 3 times in the last 7 days	43%	24%	29%	37%
	4 to 6 times in the last 7 days	16%	20%	17%	26%
	1 time per day	5%	16%	24%	19%
	2 times per day	9%	10%	7%	11%
	3 times per day	2%	4%	5%	0%
	4 or more times per day	9%	8%	5%	4%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	42%	44%	40%	44%
	1 to 3 times in the last 7 days	47%	54%	52%	52%
	4 to 6 times in the last 7 days	2%	2%	5%	4%
	1 time per day	2%	0%	0%	0%
	2 times per day	0%	0%	2%	0%
	3 times per day	0%	0%	0%	0%
	4 or more times per day	7%	0%	0%	0%

2016 Minnesota Student Survey

TABLE 24B  
NUTRITION

EAST CENTRAL

<i>How many cans, bottles or glasses of each of the following did you drink yesterday?</i>		Grade			
		5th %	8th %	9th %	11th %
<b>Milk</b>	<b>0</b>	26%	26%	12%	37%
	<b>1 to 2</b>	51%	54%	52%	44%
	<b>3 to 4</b>	9%	16%	29%	19%
	<b>5 to 6</b>	9%	4%	2%	0%
	<b>7 or more</b>	5%	0%	5%	0%
<b>Pop or soda</b>	<b>0</b>	53%	46%	71%	48%
	<b>1 to 2</b>	35%	40%	19%	41%
	<b>3 to 4</b>	7%	6%	7%	7%
	<b>5 to 6</b>	0%	0%	2%	4%
	<b>7 or more</b>	5%	8%	0%	0%
<b>Sports drinks, such as Gatorade or Powerade</b>	<b>0</b>	60%	70%	79%	81%
	<b>1 to 2</b>	26%	14%	17%	15%
	<b>3 to 4</b>	7%	8%	2%	4%
	<b>5 to 6</b>	5%	0%	2%	0%
	<b>7 or more</b>	2%	8%	0%	0%
<b>Energy drinks, such as Red Bull or Jolt<sup>^</sup></b>	<b>0</b>	86%	88%	90%	89%
	<b>1 to 2</b>	12%	8%	7%	4%
	<b>3 to 4</b>	2%	0%	0%	4%
	<b>5 to 6</b>	0%	0%	0%	0%
	<b>7 or more</b>	0%	4%	2%	4%
<b>Other sugar-sweetened drinks, such as sweet tea, lemonade, coffee drinks or juice drinks</b>	<b>0</b>	50%	36%	45%	37%
	<b>1 to 2</b>	31%	40%	45%	52%
	<b>3 to 4</b>	7%	12%	10%	7%
	<b>5 to 6</b>	12%	8%	0%	4%
	<b>7 or more</b>	0%	4%	0%	0%
<b>Water</b>	<b>0</b>	7%	8%	2%	15%
	<b>1 to 2</b>	23%	12%	29%	19%
	<b>3 to 4</b>	19%	14%	33%	33%
	<b>5 to 6</b>	16%	26%	19%	15%
	<b>7 or more</b>	35%	40%	17%	19%

2016 Minnesota Student Survey

TABLE 25  
VEHICLE SAFETY

**EAST CENTRAL**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
When driving a car, how often do you wear a seat belt?*	I don't drive a car			67%	15%
	I never do this			0%	0%
	Sometimes			0%	4%
	Often			0%	11%
	Always			33%	70%
When driving a car, how often do you send or read incoming text messages or emails?*	I don't drive a car			71%	15%
	I never do this			26%	33%
	Sometimes			0%	44%
	Often			2%	7%
	Always			0%	0%
When driving a car, how often do you make or answer a phone call?*	I don't drive a car			71%	15%
	I never do this			19%	26%
	Sometimes			10%	37%
	Often			0%	15%
	Always			0%	7%
How often do you wear a seat belt when you ride in the FRONT seat of a car?	I don't ride in the front seat	18%	0%	2%	0%
	Always	64%	84%	90%	85%
	Often	9%	8%	7%	7%
	Sometimes	9%	6%	0%	7%
	I never wear a seatbelt	0%	2%	0%	0%
How often do you wear a seat belt when you ride in the BACK seat of a car?	I don't ride in the back seat	9%	4%	0%	4%
	Always	68%	76%	79%	67%
	Often	16%	4%	21%	15%
	Sometimes	2%	12%	0%	15%
	I never wear a seatbelt	5%	4%	0%	0%

\* 5th and 8th grade surveys did not ask this question.

^ Change in question wording from 2013.

2016 Minnesota Student Survey

TABLE 26A  
SELF DESCRIPTION<sup>^</sup>

**EAST CENTRAL**

<i>In general, how does each of the following statements describe you?</i>		Grade			
		5th %	8th %	9th %	11th %
<b>I feel in control of my life and future.*</b>	<b>Not at all or rarely</b>	24%	12%	0%	4%
	<b>Somewhat or sometimes</b>	27%	36%	24%	41%
	<b>Very or often</b>	41%	22%	50%	41%
	<b>Extremely or almost always</b>	7%	30%	26%	15%
<b>I feel good about myself.</b>	<b>Not at all or rarely</b>	9%	14%	7%	15%
	<b>Somewhat or sometimes</b>	25%	20%	26%	48%
	<b>Very or often</b>	36%	40%	48%	19%
	<b>Extremely or almost always</b>	30%	26%	19%	19%
<b>I feel good about my future.</b>	<b>Not at all or rarely</b>	14%	8%	5%	11%
	<b>Somewhat or sometimes</b>	14%	35%	24%	30%
	<b>Very or often</b>	44%	27%	48%	37%
	<b>Extremely or almost always</b>	28%	29%	24%	22%
<b>I deal with disappointment without getting too upset.</b>	<b>Not at all or rarely</b>	28%	19%	10%	15%
	<b>Somewhat or sometimes</b>	35%	40%	45%	54%
	<b>Very or often</b>	26%	33%	38%	19%
	<b>Extremely or almost always</b>	12%	8%	7%	12%
<b>I find good ways to deal with things that are hard in my life.</b>	<b>Not at all or rarely</b>	12%	17%	5%	19%
	<b>Somewhat or sometimes</b>	38%	35%	45%	48%
	<b>Very or often</b>	26%	44%	29%	26%
	<b>Extremely or almost always</b>	24%	4%	21%	7%
<b>I am thinking about what my purpose is in life.**</b>	<b>Not at all or rarely</b>	5%	6%	15%	4%
	<b>Somewhat or sometimes</b>	19%	41%	24%	22%
	<b>Very or often</b>	35%	29%	39%	48%
	<b>Extremely or almost always</b>	42%	24%	22%	26%

\* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

\*\* On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2016 Minnesota Student Survey

TABLE 26B  
SELF DESCRIPTION<sup>^</sup>

**EAST CENTRAL**

<i>In general, how does each of the following statements describe you?</i>		Grade			
		5th %	8th %	9th %	11th %
<b>I say no to things that are dangerous or unhealthy.</b>	<b>Not at all or rarely</b>	10%	18%	7%	19%
	<b>Somewhat or sometimes</b>	29%	16%	24%	15%
	<b>Very or often</b>	19%	30%	21%	30%
	<b>Extremely or almost always</b>	43%	36%	48%	37%
<b>I build friendships with other people.</b>	<b>Not at all or rarely</b>	17%	14%	7%	11%
	<b>Somewhat or sometimes</b>	19%	28%	36%	33%
	<b>Very or often</b>	45%	36%	36%	44%
	<b>Extremely or almost always</b>	19%	22%	21%	11%
<b>I express my feelings in proper ways.</b>	<b>Not at all or rarely</b>	14%	17%	10%	12%
	<b>Somewhat or sometimes</b>	28%	46%	26%	58%
	<b>Very or often</b>	49%	29%	55%	19%
	<b>Extremely or almost always</b>	9%	8%	10%	12%
<b>I plan ahead and make good choices.</b>	<b>Not at all or rarely</b>	17%	6%	2%	12%
	<b>Somewhat or sometimes</b>	19%	48%	36%	42%
	<b>Very or often</b>	40%	24%	48%	31%
	<b>Extremely or almost always</b>	24%	22%	14%	15%
<b>I stay away from bad influences.</b>	<b>Not at all or rarely</b>	12%	16%	2%	4%
	<b>Somewhat or sometimes</b>	26%	24%	21%	31%
	<b>Very or often</b>	21%	28%	38%	38%
	<b>Extremely or almost always</b>	42%	32%	38%	27%
<b>I resolve conflicts without anyone getting hurt.</b>	<b>Not at all or rarely</b>	16%	14%	10%	12%
	<b>Somewhat or sometimes</b>	23%	30%	36%	42%
	<b>Very or often</b>	32%	34%	36%	35%
	<b>Extremely or almost always</b>	30%	22%	19%	12%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2016 Minnesota Student Survey

TABLE 26C  
SELF DESCRIPTION<sup>^</sup>

**EAST CENTRAL**

<i>In general, how does each of the following statements describe you?</i>		Grade			
		5th %	8th %	9th %	11th %
<b>I accept people who are different from me.</b>	<b>Not at all or rarely</b>	7%	4%	0%	4%
	<b>Somewhat or sometimes</b>	9%	14%	14%	4%
	<b>Very or often</b>	42%	39%	33%	37%
	<b>Extremely or almost always</b>	42%	43%	52%	56%
<b>I am sensitive to the needs and feelings of others.</b>	<b>Not at all or rarely</b>	19%	8%	7%	11%
	<b>Somewhat or sometimes</b>	19%	39%	33%	7%
	<b>Very or often</b>	40%	33%	38%	48%
	<b>Extremely or almost always</b>	21%	20%	21%	33%
<b>I feel valued and appreciated by others.</b>	<b>Not at all or rarely</b>	19%	18%	5%	4%
	<b>Somewhat or sometimes</b>	31%	32%	43%	54%
	<b>Very or often</b>	24%	28%	38%	35%
	<b>Extremely or almost always</b>	26%	22%	14%	8%
<b>I am included in family tasks and decisions.</b>	<b>Not at all or rarely</b>	10%	18%	5%	11%
	<b>Somewhat or sometimes</b>	19%	20%	26%	33%
	<b>Very or often</b>	36%	31%	52%	26%
	<b>Extremely or almost always</b>	36%	31%	17%	30%
<b>I am given useful roles and responsibilities.</b>	<b>Not at all or rarely</b>	14%	10%	2%	7%
	<b>Somewhat or sometimes</b>	30%	35%	29%	30%
	<b>Very or often</b>	25%	20%	50%	37%
	<b>Extremely or almost always</b>	32%	35%	19%	26%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2016 Minnesota Student Survey

TABLE 27A  
EMOTIONAL WELL-BEING AND DISTRESS\*^

**EAST CENTRAL**

		Grade		
		8th	9th	11th
		%	%	%
<b>Over the last 2 weeks, how often have you been bothered by little interest or pleasure in doing things?</b>	<b>Not at all</b>	50%	50%	44%
	<b>Several days</b>	32%	45%	37%
	<b>More than half the days</b>	14%	2%	19%
	<b>Nearly every day</b>	4%	2%	0%
<b>Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?</b>	<b>Not at all</b>	54%	64%	63%
	<b>Several days</b>	34%	24%	22%
	<b>More than half the days</b>	4%	7%	11%
	<b>Nearly every day</b>	8%	5%	4%

\* 5th grade survey did not ask these questions.

^ Both questions on this table were new in 2016.

2016 Minnesota Student Survey

**TABLE 27B  
EMOTIONAL WELL-BEING AND DISTRESS\***

**EAST CENTRAL**

<i>Thinking back the last 30 days, how much do you agree or disagree with the following statements?</i>		Grade
		5th %
<b>I worry a lot</b>	<b>Strongly agree</b>	10%
	<b>Agree</b>	26%
	<b>Neither agree nor disagree</b>	43%
	<b>Disagree</b>	12%
	<b>Strongly disagree</b>	10%
<b>I sometimes feel bad without knowing why</b>	<b>Strongly agree</b>	14%
	<b>Agree</b>	38%
	<b>Neither agree nor disagree</b>	31%
	<b>Disagree</b>	10%
	<b>Strongly disagree</b>	7%

\* Only 5th grade survey asked these questions.



**2016 Minnesota Student Survey**

**TABLE 28  
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR\***

**EAST CENTRAL**

		Grade		
		8th	9th	11th
		%	%	%
<b>During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?</b>	<b>0 times</b>	82%	95%	78%
	<b>1 or 2 times</b>	2%	0%	7%
	<b>3 to 5 times</b>	10%	2%	11%
	<b>6 to 9 times</b>	0%	2%	4%
	<b>10 to 19 times</b>	2%	0%	0%
	<b>20 or more times</b>	4%	0%	0%
<b>Have you ever seriously considered attempting suicide? (Mark all that apply)</b>	<b>No</b>	82%	88%	74%
	<b>Yes, during the last year</b>	14%	5%	11%
	<b>Yes, more than a year ago</b>	6%	7%	22%
<b>Have you ever actually attempted suicide? (Mark all that apply)</b>	<b>No</b>	94%	95%	96%
	<b>Yes, during the last year</b>	0%	2%	4%
	<b>Yes, more than a year ago</b>	6%	2%	4%

\* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

TABLE 29  
PROBLEMATIC AND ANTISOCIAL BEHAVIOR

EAST CENTRAL

			Grade				
			5th	8th	9th	11th	
<i>During the last 12 months...</i>			%	%	%	%	
...did you do any of the following TWO OR MORE TIMES?*	Lie or con to get things you wanted or to avoid having to do something	Yes		53%	38%	41%	
		No		47%	62%	59%	
	Have a hard time paying attention at school, work or home	Yes		55%	60%	74%	
		No		45%	40%	26%	
	Have a hard time listening to instructions at school, work or home	Yes		45%	40%	52%	
		No		55%	60%	48%	
	Be a bully or threaten other people	Yes		14%	2%	0%	
		No		86%	98%	100%	
	Start fights with other people	Yes		20%	5%	4%	
		No		80%	95%	96%	
	...how often have you run away from home?	Never		91%	84%	98%	100%
		Once or twice		9%	16%	2%	0%
3 to 5 times			0%	0%	0%	0%	
6 to 9 times			0%	0%	0%	0%	
10 or more times			0%	0%	0%	0%	
...how often have you damaged or destroyed property?	Never		82%	76%	86%	96%	
	Once or twice		16%	12%	14%	0%	
	3 to 5 times		0%	4%	0%	0%	
	6 to 9 times		2%	4%	0%	4%	
	10 or more times		0%	4%	0%	0%	
...how often have you hit or beat up another person?	Never		72%	76%	90%	100%	
	Once or twice		21%	16%	10%	0%	
	3 to 5 times		5%	0%	0%	0%	
	6 to 9 times		0%	2%	0%	0%	
	10 or more times		2%	6%	0%	0%	
...how often have you taken something from a store without paying for it?	Never		89%	86%	95%	85%	
	Once or twice		9%	12%	2%	15%	
	3 to 5 times		2%	0%	2%	0%	
	6 to 9 times		0%	2%	0%	0%	
	10 or more times		0%	0%	0%	0%	

\* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

**TABLE 30A  
GAMBLING BEHAVIOR<sup>^</sup>**

**EAST CENTRAL**

		Grade		
		8th	9th	11th
<i>During the last 12 months, how often have you done the following gambling/betting activities?</i>		%	%	%
<b>Played cards, bet on sports teams or games of personal skill like video gaming, pool, golf or bowling</b>	<b>Not at all</b>	73%	62%	81%
	<b>Less than once a month</b>	14%	21%	7%
	<b>About once a month</b>	4%	10%	0%
	<b>About once a week</b>	4%	2%	4%
	<b>2 to 6 times a week</b>	0%	2%	7%
	<b>Daily</b>	4%	2%	0%
<b>Bought lottery tickets or scratch offs</b>	<b>Not at all</b>	96%	100%	89%
	<b>Less than once a month</b>	2%	0%	11%
	<b>About once a month</b>	2%	0%	0%
	<b>About once a week</b>	0%	0%	0%
	<b>2 to 6 times a week</b>	0%	0%	0%
	<b>Daily</b>	0%	0%	0%
<b>Gambled in a casino</b>	<b>Not at all</b>	98%	100%	100%
	<b>Less than once a month</b>	2%	0%	0%
	<b>About once a month</b>	0%	0%	0%
	<b>About once a week</b>	0%	0%	0%
	<b>2 to 6 times a week</b>	0%	0%	0%
	<b>Daily</b>	0%	0%	0%
<b>Gambled for money online</b>	<b>Not at all</b>	94%	98%	100%
	<b>Less than once a month</b>	0%	0%	0%
	<b>About once a month</b>	2%	2%	0%
	<b>About once a week</b>	4%	0%	0%
	<b>2 to 6 times a week</b>	0%	0%	0%
	<b>Daily</b>	0%	0%	0%

\* 5th grade survey did not ask these questions.

<sup>^</sup> All questions on this table were new in 2016.

## 2016 Minnesota Student Survey

### TABLE 30B GAMBLING BEHAVIOR<sup>^</sup>

#### ***EAST CENTRAL***

<b><i>INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES IN THE LAST 12 MONTHS</i></b>		<b>Grade</b>		
		<b>8th</b>	<b>9th</b>	<b>11th</b>
		<b>%</b>	<b>%</b>	<b>%</b>
<b>During the last 12 months, how often have you hidden your gambling/betting from your parents, other family members or teachers?</b>	<b>Never</b>	80%	100%	100%
	<b>Sometimes</b>	13%	0%	0%
	<b>Many times</b>	0%	0%	0%
	<b>All of the time</b>	7%	0%	0%
<b>During the last 12 months, how often have you felt that you might have a problem with gambling/betting?</b>	<b>Never</b>	100%	94%	100%
	<b>Sometimes</b>	0%	6%	0%
	<b>Many times</b>	0%	0%	0%
	<b>All of the time</b>	0%	0%	0%
<b>During the last 12 months, how often have you skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?</b>	<b>Never</b>	100%	100%	100%
	<b>Sometimes</b>	0%	0%	0%
	<b>Many times</b>	0%	0%	0%
	<b>All of the time</b>	0%	0%	0%

\* 5th grade survey did not ask these questions.

<sup>^</sup> All questions on this table were new in 2016.

2016 Minnesota Student Survey

**TABLE 30C  
GAMBLING BEHAVIOR\*^**

***EAST CENTRAL***

		Grade
		5th
		%
<b>During the last 12 months, have you done any gambling, such as playing cards, betting on sports teams or games of personal skill like video gaming, pool, golf or bowling, or buying lottery tickets/scratch offs?</b>	<b>Yes</b>	23%
	<b>No</b>	77%

\* Only 5th grade survey asked this question.

^ The question on this table was new in 2016.

2016 Minnesota Student Survey

TABLE 31  
SUMMARY OF SUBSTANCE USE\*\*

**EAST CENTRAL**

		Grade		
		8th	9th	11th
		%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days	No	86%	90%	85%
	Yes	14%	10%	15%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days <sup>^</sup>	No	82%	86%	78%
	Yes	18%	14%	22%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	100%	100%	100%
	Yes	0%	0%	0%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	65%	71%	44%
	Used only alcohol in the past year	10%	10%	26%
	Used alcohol and marijuana in past year, but not other drugs	6%	7%	11%
	Used marijuana or other drugs but not alcohol in the past year	6%	5%	15%
	Used alcohol and marijuana or other drugs in the past year	12%	7%	4%

\*\* These are all computed variables based on combinations of responses to two or more survey items.

<sup>^</sup> New computed variable in 2016.

2016 Minnesota Student Survey

TABLE 32  
SUBSTANCE USE\*

**EAST CENTRAL**

		Grade
		5th
		%
During the last 30 days, have you smoked any cigarettes?	Yes	0%
	No	100%
During the last 12 months, have you had alcoholic beverages to drink such as beer, wine, wine coolers and liquor?	Yes	7%
	No	93%
During the last 12 months, have you used marijuana (pot, weed) or hashish (hash, hash oil)?	Yes	2%
	No	98%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	Yes	5%
	No	95%
During the last 12 months, have you used prescription drugs that were not prescribed for you by a doctor or that you took to get high?^	Yes	2%
	No	98%

\* Only 5th grade survey asked these questions.

^ New question in 2016.

2016 Minnesota Student Survey

TABLE 33  
TOBACCO USE\*

EAST CENTRAL

		Grade		
		8th	9th	11th
<i>During the last 30 days, on how many days did you ...</i>		%	%	%
...smoke a cigarette?	0 days	86%	90%	85%
	1 to 2 days	4%	7%	0%
	3 to 9 days	0%	2%	4%
	10 to 19 days	6%	0%	4%
	20 to 29 days	2%	0%	7%
	All 30 days	2%	0%	0%
...smoke cigars, cigarillos or little cigars?	0 days	98%	95%	100%
	1 to 2 days	0%	2%	0%
	3 to 9 days	0%	2%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	2%	0%	0%
	All 30 days	0%	0%	0%
...use chewing tobacco, snuff or dip?	0 days	98%	98%	100%
	1 to 2 days	2%	2%	0%
	3 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
...use an electronic cigarette (e-cigarette, e-hookah, vaping pen)?^	0 days	94%	90%	93%
	1 to 2 days	2%	10%	7%
	3 to 9 days	2%	0%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	2%	0%	0%
	All 30 days	0%	0%	0%
...use a hookah or a waterpipe to smoke tobacco?^	0 days	94%	93%	100%
	1 to 2 days	2%	7%	0%
	3 to 9 days	2%	0%	0%
	10 to 19 days	2%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
During the last 30 days, on how many days did you smoke cigarettes or other tobacco products that were flavored to taste like mint or menthol?^	0 days	86%	100%	81%
	1 to 2 days	4%	0%	4%
	3 to 9 days	4%	0%	4%
	10 to 19 days	2%	0%	7%
	20 to 29 days	4%	0%	4%
	All 30 days	0%	0%	0%
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?^	0 days	92%	93%	93%
	1 to 2 days	2%	5%	4%
	3 to 9 days	2%	2%	0%
	10 to 19 days	2%	0%	4%
	20 to 29 days	2%	0%	0%
	All 30 days	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ New questions in 2016.



2016 Minnesota Student Survey

**TABLE 34  
EXPOSURE TO SECONDHAND SMOKE\***

***EAST CENTRAL***

		Grade
		5th
		%
<b>During the last 7 days, on how many days were you in the same room as someone who was smoking cigarettes?</b>	<b>0 days</b>	65%
	<b>1 or 2 days</b>	9%
	<b>3 or 4 days</b>	5%
	<b>5 or 6 days</b>	2%
	<b>All 7 days</b>	19%
<b>During the last 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?</b>	<b>0 days</b>	60%
	<b>1 or 2 days</b>	19%
	<b>3 or 4 days</b>	12%
	<b>5 or 6 days</b>	5%
	<b>All 7 days</b>	5%

\* Only 5th grade survey asked these questions.

2016 Minnesota Student Survey

TABLE 35  
ALCOHOL USE FREQUENCY AND QUANTITY\*

**EAST CENTRAL**

		Grade		
		8th	9th	11th
		%	%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	76%	90%	74%
	1 or 2 days	16%	10%	15%
	3 to 5 days	4%	0%	7%
	6 to 9 days	0%	0%	4%
	10 to 19 days	2%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	2%	0%	0%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	71%	79%	59%
	1-2	16%	14%	7%
	3-5	6%	5%	19%
	6-9	2%	0%	7%
	10-19	0%	2%	4%
	20-39	4%	0%	4%
	40+	0%	0%	0%
If you drink beer/wine/wine coolers/liquor, generally how much (if any) do you drink at one time?	I don't drink beer/wine/wine coolers/liquor	76%	79%	67%
	1 glass/can/drink	10%	14%	19%
	2 glasses/cans/drinks	2%	5%	7%
	3 glasses/cans/drinks	0%	0%	4%
	4 glasses/cans/drinks	8%	0%	4%
	5 or more glasses/cans/drinks	4%	2%	0%
During the past 30 days, on how many days did you have 5 or more drinks in a row, that is, within a couple of hours?	0 days	86%	98%	93%
	1 day	10%	0%	4%
	2 days	2%	0%	0%
	3 to 5 days	2%	2%	0%
	6 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	0%
	20 or more days	0%	0%	4%

\* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

**TABLE 36**  
**AGE OF FIRST USE OF ALCOHOL AND MARIJUANA\***  
**EAST CENTRAL**

		Grade	
		9th	11th
		%	%
How old were you when you had your first drink of an alcoholic beverage, such as beer, wine, wine coolers and liquor, other than a few sips?	I have never had a drink of alcohol other than a few sips	60%	48%
	10 years old or younger	5%	4%
	11 years old	2%	0%
	12 years old	5%	7%
	13 years old	12%	7%
	14 years old	12%	7%
	15 years old	5%	15%
	16 years old	0%	11%
	17 years old or older	0%	0%
How old were you when you tried marijuana (pot, weed) or hashish (hash, hash oil) for the first time? (Do NOT count medical marijuana prescribed for you by a doctor)^	I have never tried marijuana or hashish	76%	74%
	10 years old or younger	5%	0%
	11 years old	0%	0%
	12 years old	0%	0%
	13 years old	2%	0%
	14 years old	14%	7%
	15 years old	2%	4%
	16 years old	0%	11%
	17 years old or older	0%	4%

\* 5th and 8th grade surveys did not ask these questions.

^ Change in question wording from 2013.

2016 Minnesota Student Survey

**TABLE 37  
USE OF MARIJUANA AND PRESCRIPTION DRUGS\*  
EAST CENTRAL**

		Grade		
		8th	9th	11th
		%	%	%
<b>During the last 30 days, on how many days did you use marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)^</b>	<b>0 days</b>	84%	88%	89%
	<b>1 to 2 days</b>	2%	7%	7%
	<b>3 to 5 days</b>	0%	2%	0%
	<b>6 to 9 days</b>	8%	0%	0%
	<b>10 to 19 days</b>	0%	2%	4%
	<b>20 to 29 days</b>	0%	0%	0%
	<b>All 30 days</b>	6%	0%	0%
<b>During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)^</b>	<b>0</b>	82%	83%	78%
	<b>1-2</b>	6%	5%	15%
	<b>3-5</b>	0%	10%	4%
	<b>6-9</b>	0%	2%	0%
	<b>10-19</b>	0%	0%	4%
	<b>20-39</b>	8%	0%	0%
	<b>40+</b>	4%	0%	0%
<b>During the last 30 days, on how many days did you use prescription drugs not prescribed for you?</b>	<b>0 days</b>	92%	98%	96%
	<b>1 to 2 days</b>	4%	2%	4%
	<b>3 to 5 days</b>	2%	0%	0%
	<b>6 to 9 days</b>	0%	0%	0%
	<b>10 to 19 days</b>	0%	0%	0%
	<b>20 to 29 days</b>	2%	0%	0%
	<b>All 30 days</b>	0%	0%	0%

\* 5th grade survey did not ask this question.

^ Change in question wording from 2013.

2016 Minnesota Student Survey

**TABLE 38  
PRESCRIPTION DRUG USE\*^**

**EAST CENTRAL**

<i>During the last 12 months, on how many occasions have you used any of the following prescription drugs that were NOT prescribed for you or that you took ONLY to get high?</i>		Grade		
		8th	9th	11th
		%	%	%
<b>Stimulants such as Bensedrine (bennies, speed, uppers, pep pills) or diet pills</b>	<b>0</b>	100%	100%	100%
	<b>1 to 2</b>	0%	0%	0%
	<b>3 to 5</b>	0%	0%	0%
	<b>6 to 9</b>	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%
<b>ADHD or ADD drugs like Ritalin (hyper pills)</b>	<b>0</b>	98%	100%	100%
	<b>1 to 2</b>	2%	0%	0%
	<b>3 to 5</b>	0%	0%	0%
	<b>6 to 9</b>	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%
<b>Pain relievers such as Oxycodone, OxyContin (oxy), Percocet, Percodan, Vicodin or others</b>	<b>0</b>	98%	100%	96%
	<b>1 to 2</b>	0%	0%	4%
	<b>3 to 5</b>	0%	0%	0%
	<b>6 to 9</b>	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%
	<b>20 or more</b>	2%	0%	0%
<b>Tranquilizers such as Valium, Xanax, nerve pills or sedatives or barbiturates (downers)</b>	<b>0</b>	98%	100%	100%
	<b>1 to 2</b>	0%	0%	0%
	<b>3 to 5</b>	2%	0%	0%
	<b>6 to 9</b>	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%

\* 5th grade survey did not ask this question.

^ Due to methodological issues, results for these questions cannot be compared to the results from 2013.

2016 Minnesota Student Survey

**TABLE 39**  
**HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE\*^**  
**EAST CENTRAL**

<i>During the last 12 months, on how many occasions (if any) have you used...</i>		Grade		
		8th %	9th %	11th %
...LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	94%	100%	100%
	1 to 2	4%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	2%	0%	0%
...MDMA (E, X, ecstasy), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	96%	100%	100%
	1 to 2	0%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	4%	0%	0%
...crack, coke or cocaine in any other form?	0	94%	100%	100%
	1 to 2	2%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	4%	0%	0%
...heroin?	0	90%	100%	100%
	1 to 2	6%	0%	0%
	3 to 5	2%	0%	0%
	6 to 9	0%	0%	0%
	20 or more	2%	0%	0%

\* 5th grade survey did not ask this question.

^ Due to methodological issues, results for these questions cannot be compared to the results from 2013.

2016 Minnesota Student Survey

**TABLE 40  
METHAMPHETAMINE, OVER-THE-COUNTER DRUG,  
SYNTHETIC DRUG AND INHALANT USE\*^**

**EAST CENTRAL**

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		<b>Grade</b>		
		<b>8th</b>	<b>9th</b>	<b>11th</b>
		<b>%</b>	<b>%</b>	<b>%</b>
<b>...used methamphetamine (meth, glass, crank, crystal meth, ice)?</b>	<b>0</b>	94%	100%	100%
	<b>1 to 2</b>	6%	0%	0%
	<b>3 to 5</b>	0%	0%	0%
	<b>6 to 9</b>	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%
<b>...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?</b>	<b>0</b>	98%	98%	96%
	<b>1 to 2</b>	2%	2%	0%
	<b>3 to 5</b>	0%	0%	0%
	<b>6 to 9</b>	0%	0%	4%
	<b>10 to 19</b>	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%
<b>...used synthetic drugs such as bath salts (Ivory Wave, White Lightning) or synthetic marijuana (K2, Gold) that you took only to get high?</b>	<b>0</b>	92%	100%	100%
	<b>1 to 2</b>	6%	0%	0%
	<b>3 to 5</b>	2%	0%	0%
	<b>6 to 9</b>	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%
<b>...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?</b>	<b>0</b>	96%	98%	100%
	<b>1 to 2</b>	0%	2%	0%
	<b>3 to 5</b>	2%	0%	0%
	<b>6 to 9</b>	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%
	<b>20 or more</b>	2%	0%	0%

\* 5th grade survey did not ask these questions.

^ Due to methodological issues, results for these questions cannot be compared to the results from 2013.

2016 Minnesota Student Survey

**TABLE 41  
PERCEIVED RISK OF HARM FROM SUBSTANCE USE**

**EAST CENTRAL**

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		<b>Grade</b>			
		<b>5th</b>	<b>8th</b>	<b>9th</b>	<b>11th</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
... smoke one or more packs of cigarettes per day?	<b>No risk</b>	14%	18%	7%	7%
	<b>Slight risk</b>	17%	6%	19%	7%
	<b>Moderate risk</b>	19%	14%	24%	22%
	<b>Great risk</b>	50%	61%	50%	63%
... have five or more drinks of an alcoholic beverage once or twice per week?	<b>No risk</b>	24%	24%	10%	11%
	<b>Slight risk</b>	24%	27%	26%	4%
	<b>Moderate risk</b>	31%	12%	31%	44%
	<b>Great risk</b>	21%	37%	33%	41%
... smoke marijuana once or twice per week?	<b>No risk</b>	17%	35%	24%	26%
	<b>Slight risk</b>	17%	10%	19%	30%
	<b>Moderate risk</b>	37%	27%	24%	22%
	<b>Great risk</b>	29%	29%	33%	22%
... use prescription drugs not prescribed for them?	<b>No risk</b>	22%	18%	7%	4%
	<b>Slight risk</b>	5%	4%	7%	7%
	<b>Moderate risk</b>	22%	16%	43%	19%
	<b>Great risk</b>	51%	61%	43%	70%



2016 Minnesota Student Survey

**TABLE 42  
PERCEPTIONS OF OTHERS' DISAPPROVAL OF SUBSTANCE USE**

**EAST CENTRAL**

		Grade			
		5th %	8th %	9th %	11th %
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	7%	10%	0%	0%
	A little bit wrong	2%	12%	2%	11%
	Wrong	19%	8%	14%	22%
	Very wrong	71%	70%	83%	67%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	12%	16%	0%	4%
	A little bit wrong	5%	6%	2%	15%
	Wrong	17%	16%	40%	7%
	Very wrong	67%	62%	57%	74%
How wrong do your parents feel it would be for you to smoke marijuana?	Not at all wrong	7%	18%	7%	7%
	A little bit wrong	5%	10%	5%	7%
	Wrong	10%	4%	14%	19%
	Very wrong	79%	68%	74%	67%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	5%	12%	0%	4%
	A little bit wrong	5%	2%	0%	0%
	Wrong	10%	4%	10%	4%
	Very wrong	80%	82%	90%	93%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	14%	16%	2%	15%
	A little bit wrong	2%	10%	12%	26%
	Wrong	19%	14%	24%	22%
	Very wrong	64%	60%	62%	37%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	15%	20%	0%	11%
	A little bit wrong	2%	10%	21%	30%
	Wrong	17%	10%	29%	15%
	Very wrong	66%	60%	50%	44%
How wrong do your friends feel it would be for you to smoke marijuana?	Not at all wrong	14%	22%	10%	41%
	A little bit wrong	2%	8%	12%	22%
	Wrong	12%	6%	17%	11%
	Very wrong	71%	64%	62%	26%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	12%	12%	0%	7%
	A little bit wrong	5%	8%	7%	4%
	Wrong	7%	12%	19%	11%
	Very wrong	76%	68%	74%	78%

**2016 Minnesota Student Survey**

**TABLE 43  
PERCEPTIONS ABOUT ALCOHOL USE\***

**EAST CENTRAL**

		Grade		
		8th	9th	11th
		%	%	%
How do you feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	56%	60%	41%
	Agree	20%	33%	56%
	Neither agree nor disagree	14%	7%	0%
	Disagree	2%	0%	0%
	Strongly disagree	8%	0%	4%
How do you feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	58%	50%	52%
	Agree	12%	33%	30%
	Neither agree nor disagree	18%	12%	15%
	Disagree	4%	5%	0%
	Strongly disagree	8%	0%	4%
How do you think MOST STUDENTS in your school feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	33%	24%	22%
	Agree	24%	38%	41%
	Neither agree nor disagree	18%	31%	19%
	Disagree	14%	7%	11%
	Strongly disagree	10%	0%	7%
How do you think MOST STUDENTS in your school feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	39%	19%	26%
	Agree	16%	26%	19%
	Neither agree nor disagree	20%	40%	30%
	Disagree	14%	7%	0%
	Strongly disagree	10%	7%	26%

\* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

**TABLE 44**  
**USE OF TOBACCO, ALCOHOL AND MARIJUANA\***  
**EAST CENTRAL**

		Grade		
		8th	9th	11th
<i>How often do you use each of the following?</i>		%	%	%
Tobacco (cigarettes, chew)	Never	80%	90%	74%
	Tried once or twice	10%	5%	11%
	Once or twice a year	2%	2%	0%
	Once a month	0%	2%	0%
	Twice a month	0%	0%	0%
	Once a week	4%	0%	0%
	Daily	4%	0%	15%
Alcohol (beer, wine, liquor)	Never	76%	60%	52%
	Tried once or twice	10%	26%	19%
	Once or twice a year	2%	10%	7%
	Once a month	2%	5%	7%
	Twice a month	6%	0%	4%
	Once a week	4%	0%	7%
	Daily	0%	0%	4%
Marijuana (pot, hash, hash oil)	Never	82%	85%	74%
	Tried once or twice	6%	2%	11%
	Once or twice a year	2%	5%	4%
	Once a month	0%	2%	4%
	Twice a month	0%	0%	0%
	Once a week	2%	2%	0%
	Daily	8%	2%	7%

\* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

**TABLE 45  
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL AND  
MARIJUANA\***

**EAST CENTRAL**

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade		
		8th %	9th %	11th %
<b>Tobacco (cigarettes, chew)</b>	<b>Never</b>	39%	19%	11%
	<b>Tried once or twice</b>	16%	26%	26%
	<b>Once or twice a year</b>	6%	12%	7%
	<b>Once a month</b>	4%	5%	0%
	<b>Twice a month</b>	4%	12%	4%
	<b>Once a week</b>	16%	17%	22%
	<b>Daily</b>	14%	10%	30%
<b>Alcohol (beer, wine, liquor)</b>	<b>Never</b>	39%	12%	4%
	<b>Tried once or twice</b>	16%	21%	7%
	<b>Once or twice a year</b>	6%	7%	7%
	<b>Once a month</b>	12%	17%	11%
	<b>Twice a month</b>	6%	19%	15%
	<b>Once a week</b>	14%	19%	41%
	<b>Daily</b>	6%	5%	15%
<b>Marijuana (pot, hash, hash oil)</b>	<b>Never</b>	37%	22%	7%
	<b>Tried once or twice</b>	16%	22%	19%
	<b>Once or twice a year</b>	6%	10%	4%
	<b>Once a month</b>	6%	7%	0%
	<b>Twice a month</b>	2%	15%	11%
	<b>Once a week</b>	8%	12%	33%
	<b>Daily</b>	24%	12%	26%

\* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

TABLE 46A  
CONSEQUENCES OF SUBSTANCE USE\*

EAST CENTRAL

		Grade		
		8th	9th	11th
<i>During the last 12 months ...</i>		%	%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	No or no use	92%	100%	100%
	Yes	8%	0%	0%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	No or no use	90%	100%	100%
	Yes	10%	0%	0%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	No or no use	94%	100%	100%
	Yes	6%	0%	0%
...were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?^	No or no use	80%	98%	96%
	Yes	20%	2%	4%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	0 times or no use	84%	100%	96%
	1 time	8%	0%	0%
	2 times	0%	0%	0%
	3 or more times	8%	0%	4%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	0 times or no use	96%	98%	96%
	1 time	0%	0%	0%
	2 times	0%	2%	0%
	3 or more times	4%	0%	4%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	0 times or no use	94%	100%	93%
	1 time	0%	0%	4%
	2 times	0%	0%	0%
	3 or more times	6%	0%	4%

\* 5th grade survey did not ask these questions.

^ New question in 2016.

2016 Minnesota Student Survey

**TABLE 46B  
CONSEQUENCES OF SUBSTANCE USE\***

**EAST CENTRAL**

		Grade		
		8th	9th	11th
<i>During the last 12 months, how many times...</i>		%	%	%
...have you driven a motor vehicle after using alcohol or drugs? **	0 times or no use		98%	96%
	1 time		2%	0%
	2 times		0%	0%
	3 or more times		0%	4%
...have you hit someone or become violent while using alcohol or drugs?	0 times or no use	98%	100%	96%
	1 time	0%	0%	0%
	2 times	2%	0%	0%
	3 or more times	0%	0%	4%
...have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	0 times or no use	86%	98%	93%
	1 time	6%	0%	0%
	2 times	2%	0%	0%
	3 or more times	6%	2%	7%
...have you used more alcohol or drugs than you intended to?	0 times or no use	88%	100%	96%
	1 time	4%	0%	0%
	2 times	0%	0%	0%
	3 or more times	8%	0%	4%
...has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	0 times or no use	92%	100%	96%
	1 time	4%	0%	4%
	2 times	0%	0%	0%
	3 or more times	4%	0%	0%
...has alcohol or drug use caused you problems with the law?	0 times or no use	96%	98%	100%
	1 time	4%	2%	0%
	2 times	0%	0%	0%
	3 or more times	0%	0%	0%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

## 2016 Minnesota Student Survey

### TABLE 47A SEXUAL BEHAVIOR\*

#### ***EAST CENTRAL***

		Grade	
		9th	11th
		%	%
<b>Have you ever had sexual intercourse ('had sex')?</b>	<b>Yes</b>	7%	26%
	<b>No</b>	93%	74%
<b>During the last 12 months, with how many different male partners have you had sexual intercourse?</b>	<b>None</b>	100%	81%
	<b>1 person</b>	0%	11%
	<b>2 persons</b>	0%	4%
	<b>3 persons</b>	0%	4%
	<b>4 persons</b>	0%	0%
	<b>5 persons</b>	0%	0%
	<b>6 or more persons</b>	0%	0%
<b>During the last 12 months, with how many different female partners have you had sexual intercourse?</b>	<b>None</b>	93%	89%
	<b>1 person</b>	5%	7%
	<b>2 persons</b>	2%	4%
	<b>3 persons</b>	0%	0%
	<b>4 persons</b>	0%	0%
	<b>5 persons</b>	0%	0%
<b>How many times have you been pregnant or gotten someone pregnant?</b>	<b>0 times</b>	100%	96%
	<b>1 time</b>	0%	4%
	<b>2 or more times</b>	0%	0%
	<b>Not sure</b>	0%	0%

\* 5th and 8th grade surveys did not ask these questions.

2016 Minnesota Student Survey

**TABLE 47B  
SEXUAL BEHAVIOR\***

**EAST CENTRAL**

<i>INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE</i>		Grade	
		9th	11th
		%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?	Never	33%	0%
	Not with every partner	0%	0%
	At least once with every partner	67%	100%
Have you talked with your partner(s) about preventing pregnancy?	Never	33%	0%
	Not with every partner	0%	0%
	At least once with every partner	67%	100%
The LAST time you had sexual intercourse, what ONE method did you or your partner use to prevent pregnancy?	No method was used to prevent pregnancy	0%	0%
	Birth control pills	0%	29%
	Condoms	100%	43%
	Depo-Provera/any birth control shot, Nuva Ring/any birth control ring, Implanon/any implant or any IUD	0%	0%
	Withdrawal (pull-out)	0%	29%
	Some other method	0%	0%
	Not sure	0%	0%
The LAST time you had sexual intercourse, did you or your partner use a condom?	Yes	33%	86%
	No	67%	14%
Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?	Yes	67%	29%
	No	33%	71%

\* 5th and 8th grade surveys did not ask these questions.